



News from
BROOKLANDS
CARE HOME

Dear friends,

We enjoyed the Christmas festivities and have been reflecting on the love, laughter and memories made over the past year. We hope you enjoy our round up of the past few months.



Appearances from two special guests

We always strive to make Christmas as magical as possible for our residents and the team. Everyone enjoyed getting into the festive spirit with our annual lights switch on and Christmas party. Our residents, their loved ones, and guests enjoyed seeing the home lit up in a wonderful light display. Mulled wine, hot drinks and mince pies were served at our Christmas fair, along with entertainment from local violin duo Heart Strings and a special visit from local Mayor Cllr Caroline Karimi-Ghovanlou. We even had an appearance from Father Christmas, with residents dressing as elves to help him give out presents to visiting school children. It was a Merry Christmas to everyone at Brooklands!

Setting sail for new adventures



We were thrilled to organise for one of our residents, Pamela, to return to her beloved pastime of sailing for the first time in decades. A passionate sailor, Pamela relived her youth by visiting The Nancy Oldfield Trust, where she sailed Lime Kiln Dyke and reconnected with friends from Horning Sailing Club. The experience brought back treasured memories of Pamela's sailing days, including all of the races she had been involved in. More than just a trip down memory lane, the day helped to create new memories for Pamela, alongside cherished ones.



A visit from a feline friend



Pet therapy has many health and wellbeing benefits for our residents, so we were delighted when our carer Catherine brought in her wonderful cat Emily for the day. She certainly brought a ray of sunshine into the home! Emily was very popular and lots of our residents enjoyed stroking her as she sat on their knee. It was lovely to see how happy it made everyone, especially those residents who had their own cats. Emily was very well behaved and is welcome back any time.



Lest we forget



Our Montessori Cherubs returned to Brooklands during November to help residents make poppy pictures ahead of Remembrance Day. Many of our residents and team have been touched by conflict and it was really special to share their experiences with the children at this time of reflection. The children are regular visitors at the home and this intergenerational initiative has so many benefits for both the children and our residents. Seeing the relationships develop with our young visitors is really heartwarming. They absolutely loved helping us with our poppy displays and we can't wait to welcome them back to the home.

With love,
Karen Willimott
Home Manager

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**We always love reading your comments on Facebook!
Here are a few recent ones:**

“Thank you to all staff. Wonderful to see so many happy people“ Eileen

“Thank you team, you're just amazing!“ Karen

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