

# News from BROOKLANDS CARE HOME

Dear friends

As we begin a new year, we've been reflecting on all the fun we've had over the last few months with our friends and family at Brooklands.



## A thrilling day at the races

When autumn rolled round, we treated our residents to a day at Yarmouth Races. The trip proved especially exciting for horse racing fan Marjorie, who grew up near the famous Epsom Downs racecourse. We are always looking for new and innovative ways to engage our residents in their passions, so this was a perfect opportunity. Everyone got dressed in their finest and enjoyed a little flutter as we watched the horses in action – we even got to meet jockey Hayley Turner OBE, the first woman to ride 100 UK flat race winners during a calendar year. A truly memorable day!

## CQC Celebrations



Our most recent CQC report sparked a great deal of pride from our team members and love from our residents. Confirming our 'Good' rating, the report said that residents felt their lives had been enhanced by living at Brooklands, that our care was person-centred, attentive, and compassionate whilst delivered with patience and kindness. We were particularly heartened to hear that our residents feel safe with us, with one saying: "The staff check on me and I am not alone anymore. That gives me comfort and makes me feel safe." And it's not only residents who gave us glowing reviews, family members spoke with the inspectors too saying: "It's such a relief for us to know our loved ones are safe and well cared for."



## A glittering night out

We made a Christmas wish come true by taking a trip down memory lane to The Maddermarket Theatre. Our resident Judith used to be a regular at Norwich's community theatre, where she enjoyed watching productions with her husband. But Judith thought her theatre-going days were in the past - until she joined Brooklands, and our lifestyle lead and resident thespian Jamie starred in 'The Book of Will', a play about Shakespeare's work. Jamie organised a trip for Shakespeare fan Judith and a group of our residents to see the play. We were delighted at how happy the special night out made everyone, with Judith telling us: "It was a magical experience!"



With love,  
**Karen Willimott**  
Home Manager

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## A festive season of fun

When December came around, we decided to launch our Christmas celebrations in the most theatrical way we knew how; by inviting the Cringleford Ladies Choir to serenade our residents, families and team as we switched on our stunning Christmas lights! And the magic didn't stop there and from that moment on, we enjoyed a wonderful festive season of Christmas games, fun-filled parties, mince pies and mulled wine, cosy nights in and entertaining days out! All surrounded by our wonderful friends – just the way it should be!

### We always love reading your comments on Facebook! Here are a few recent ones:

"Thank you, my mum and dad love all that you do. xxx" Nina

"You do so much to keep your residents happy!" Myrtle

"Thank you for all the care my sister received at Brooklands; you are a truly an exceptional care home." Jon

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