

News from



BROOKLANDS CARE HOME

Dear friends

As a cosy new season approaches and our favourite autumnal activities begin once more, we have been reflecting on a glorious joy-filled summer at Brooklands.



Sunshine and good times



Our residents made the most of every sunny day - of which there were plenty this year! We've been taking our Breakfast Club in the garden, enjoyed a private garden performance from the Cringleford Ladies Choir, and were even visited by a comedy acting troupe! Our residents have cultivated their creativity thanks to our visiting florist, who helped design beautiful floral displays for everyone's rooms. We've also had Joe from Giftness Fitness keeping us fit with some gentle exercises. Then as summer came to a close, our green fingered residents got their hands dirty with some weeding and pruning in the garden so it was ready for autumn!

Day trips



Over the last few months our team members and residents have set out on many lively minibus adventures. There have been day trips to the seaside for fresh fish and chips, where we dipped our toes in the sea to cool off! We've taken cultural trips to the local museums and delighted at the thrilling air displays at the Buckenham Air Show. Our residents indulged in Pimm's and ice cream at the Sandringham Flower Show and had a great time watching the horses at the Royal Norfolk Show. We are so lucky there is all manner of nature right on our doorstep and, with our own minibus on hand, we are only a short ride away!



Celebrating our superheroes

Our residents together with their loved ones recently celebrated our team who together make such a difference to their lives every single day! We are always looking for fun and heartfelt ways to recognise and reward those who make our home joyous and our residents' days purposeful. So, we hosted a wonderful event that brought everyone together for a day of music, dancing, food and fun! Each team member was also presented with a personalised water bottle, a pin badge and thank you card with meaningful messages from residents and their families as to why they make life at Brooklands extra special for us all!



Animal friends



Some of our residents' most touching moments are spent in the company of our affectionate animal friends! We are blessed to work with several wonderful pet therapy charities who like to visit regularly. In recent months we have welcomed the animals of Angelica Rainbow who gave our residents the opportunity to cuddle with rabbits, guinea pigs and hedgehogs. We also welcomed many visits from The Mini-Donks, who set up a paddock in our garden before venturing on a tour of our home to visit every resident, bringing even more joy to an already fun packed day!



With love,
Karen Willimott
Home Manager

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**We always love reading your comments on Facebook!
Here are a few recent ones:**

"You do such lovely surprises for your residents." Myrtle

"Mum said she had a such lovely day and really enjoyed it and you can see that from the lovely pictures." Nicola

"Glad you all had a fabulous day out." Julie



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