

# News from BROOKLANDS CARE HOME

Dear friends

We have been enjoying the Christmas festivities and reflecting on the love, laughter and memories made over the year. We hope you enjoy our round up of the past few months.



## A cosy autumn

The end of the year brought lots of fun to Brooklands. We kicked things off with a lively Halloween party where we had a great time decorating the lounge with spider webs, witches hats and pumpkins. There were plenty of spooky themed games, and our residents decided which team members should win the prize for 'Scariest', 'Most Creative' and 'Funniest' costume! Then it was on with the disco lights so everyone could boogie to the Monster Mash and The Time Warp! The festivities continued when Bonfire Night rolled round. We snuggled up under our blankets to enjoy fish and chips whilst watching the fireworks outside. Such a cosy time of year!

## Brightening the days

As the nights began to draw in, our team decided it would be a great idea to add a burst of colour into our home! So we gathered an enormous bed of flowers for our residents to make some glorious floral creations. We do love a good natter at Brooklands, so any activity that can bring friends together while they share stories of what they've been up to that week is always a winner! We also love a good trip to the theatre, so when our Lifestyle coordinator Jamie recently starred in a local play, we decided to head out for an afternoon of entertainment followed by a hearty pub meal and a little tittle, of course!



# Little Donkey

Earlier this year we had a visit from our friends, The Mini Donkeys. The adorable creatures made such an impact on our residents that the ladies of our knitting circle decided they wanted to help keep the donkeys warm this winter by knitting them some cover blankets. Our ladies set about knitting an intricate grey and purple design, large enough for each animal. Then as soon as the weather turned, we visited the sanctuary and presented the animals with their snuggly blankets. It's safe to say the donkeys were delighted and happily wore their thoughtful gifts, showing their thanks with plenty of cuddles! It was such a heartwarming visit that brought much joy and laughter to us all.



## Winter wonderland

Once December arrived, Brooklands was filled with festive cheer as our home was transformed into a magical winter wonderland. Every lounge had its own glittering Christmas tree, the garden was filled with sparkling lights and residents enjoyed all manner of jolly seasonal activities. We designed our own homemade wreaths for the doors, relaxed with screenings of everyone's favourite, feel-good films and sung our hearts out during Christmas Carol sessions. There were parties, and glasses of sherry and scrumptious yule tide nibbles. It always is the most wonderful time of year!



Wishing you a Happy New Year from our home to yours!

**Julia Chapman-Wright**

**Home Manager**

Brooklands Care Home, Costessey Lane, Drayton, Norwich, NR8 6HB, Tel: 01603 510463



**We always love reading your comments on Facebook!  
Here are a few recent ones:**

"Looking so Christmassy. Love it!" Lorraine

"What a lovely outing for the ladies." Kim

"Lovely to see the residents engaging with the activities you provide." Sandra



If you don't wish to receive future newsletter updates from us, please email us at [marketing@carebase.org.uk](mailto:marketing@carebase.org.uk) and we'll of course, remove you from our list.

