

News from BROOKLANDS CARE HOME

Dear Friends

As Spring dawns and the country slowly emerges from lockdown, we wanted to share with you the good times we have enjoyed so far this year.



An active start to the new year



In the first few months of 2021 we have hosted a variety of themed days at our home, which our residents and team have thoroughly enjoyed getting involved in. For World Book Day we dressed up as our favourite characters from literature. On Red Nose Day the team wore their pyjamas to work which amused our residents no end! On Valentine's Day residents were sent delicious home-baked shortbread by a loving family member, while another sent us some wonderful videos to watch and reminisce. Our very own Top Chef, Colm Penfold, even popped in and treated everyone to clotted cream and scones which really helped activate Spring-mode for us here at Brooklands!

Meaningful moments

We have so many wonderful clubs and groups at Brooklands which bring residents together and keep everyone entertained week after week. In our Book Club we choose a different text every Monday to keep our avid readers challenged, ranging from poetry to local history and classic fiction. Since Spring has arrived in full bloom we have been hosting our mid-week Afternoon High Tea outside in the garden, which has provided many a blissful moment! We have lots of talented knitters in our home, so our Friday Knit & Natter groups are a huge hit. Here our residents are currently knitting squares to donate to two local charities who make blankets for the homeless and orphaned animals.



The Brooklands Taskmaster



The team found a new and hilarious way to entertain our residents by staging our very own weekly take on TV gameshow Taskmaster throughout March. Everyone got involved in the creative tasks from mastering balloon art to performing a rap song! Agility was also thoroughly tested with blindfolded Hoop-La and brain cells put to work in the "Match the flag to the Country" challenge! Our most extravagant round yet culminated in making the longest telescope possible out of a few, simple household items. We've had debates, banter and lots and lots of laughter. Look out for more challenges very soon!



A very happy Easter for all



Our Easter celebrations lasted all week long to the delight of our residents who had the time of their lives playing themed party games and indulging in sweet treats. On Easter Sunday itself, we hosted a lively Easter egg hunt in the Spring sunshine. The Easter bunny and Easter chicken, aka Claudia and Jamie, then visited everyone's room to deliver chocolate eggs from our stunning Easter trolley which residents had helped to decorate! So while Easter was a bit quieter than usual this year, we are proud to say our home, as ever, was filled with fun, silliness and laughter!



With love,
Julia Chapman-Wright
Home Manager

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We always love reading your comments on Facebook! Here are a few recent ones:

"What a brilliant idea, you never cease to amaze me with your activities to keep the residents entertained." Kim

"Wow amazing photos x how nice to see xx" Philippa

"If I had to go into a care home, this would be The One" Myrtle

"Glad to see you are all enjoying yourselves and keeping the residents' spirits up." Rose



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